

FY 2007 Nutrition Education and Breastfeeding Participation Survey for LA 021

Total Responses: 65

1. Check one that describes you:	Yes	No	N/R
Pregnant	19	40	6
A parent/caretaker of a baby under 6 months	21	32	12
A parent/caretaker of a baby 6 months to 1 year	17	40	8
Breastfeeding (at least 1 time in 24 hours)	10	48	7
A parent/caretaker of a child over 1 year old	29	30	6
The dad, grandparent, caretaker of a child on WIC	6	50	9
The mom of a child on WIC	47	15	3
I am 18 years or younger	14	44	7

2. Check one topic you want for WIC classes or videos:	No Thanks	Maybe	Yes, Please	N/R
Reading food labels	32	22	9	2
Getting children to eat healthy foods	8	12	45	0
Quick healthy meals	7	16	40	2
Eating a healthy diet after pregnancy	15	18	32	0
Saving money at the grocery store	10	16	37	2

3. How do you like your WIC classes to be presented?	Do Not Like	Like a Little	Like a Lot	N/R
Video with discussion	7	20	37	1
Discussion only	18	28	15	4
Food demonstration/taste test	15	21	25	4
On the internet	23	15	19	8
Reading on my own	18	20	23	4
Learning activities	5	27	30	3

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4. What is the highest level of school you completed?	Total
6th grade or less	1
7th to 9th grade	5
10th to 12th grade	13
High School graduate	24
Some College / Current Student	20
College Graduate	2
No response	0

5. Which of these do you have at home?	Yes	No	N/R
Computer with internet access	38	26	1
A video game console (X-box, Playstation, Game Cube, Nintendo)	34	27	4
Cable TV	47	13	5

6. How many times a week does your 1 to 5 year old child play outdoors or at a playscape?	Total
1 time a week	4
2 times a week	6
3 times a week	4
4 or more times a week	20
No response	31

7. Do you want information on the topics below?	No thanks	Maybe	Yes, Please	N/R
Stress management	19	16	29	1
Exercise during of after pregnancy	12	15	37	1
Stretching	14	22	26	3
Exercising more myself	12	16	37	0
Getting my children to exercise more	17	24	22	2
Back health	17	14	33	1

FY 2007 Nutrition Education and Breastfeeding Participation Survey for LA 022

Total Responses: 246

1. Check one that describes you:	Yes	No	N/R
Pregnant	70	153	23
A parent/caretaker of a baby under 6 months	81	137	28
A parent/caretaker of a baby 6 months to 1 year	70	144	32
Breastfeeding (at least 1 time in 24 hours)	35	180	31
A parent/caretaker of a child over 1 year old	141	79	26
The dad, grandparent, caretaker of a child on WIC	23	174	49
The mom of a child on WIC	180	49	17
I am 18 years or younger	40	164	42

2. Check one topic you want for WIC classes or videos:	No Thanks	Maybe	Yes, Please	N/R
Reading food labels	87	77	65	17
Getting children to eat healthy foods	34	36	167	9
Quick healthy meals	18	34	185	9
Eating a healthy diet after pregnancy	63	40	128	15
Saving money at the grocery store	27	44	166	9

3. How do you like your WIC classes to be presented?	Do Not Like	Like a Little	Like a Lot	N/R
Video with discussion	23	91	125	7
Discussion only	67	118	39	22
Food demonstration/taste test	50	88	90	18
On the internet	66	72	77	31
Reading on my own	42	74	106	24
Learning activities	22	63	143	18

FY 2007 Nutrition Education and Breastfeeding Participation Survey for LA 022

4. What is the highest level of school you completed?	Total
6th grade or less	7
7th to 9th grade	36
10th to 12th grade	54
High School graduate	63
Some College / Current Student	63
College Graduate	22
No response	1

5. Which of these do you have at home?	Yes	No	N/R
Computer with internet access	114	120	12
A video game console (X-box, Playstation, Game Cube, Nintendo)	111	125	10
Cable TV	187	54	5

6. How many times a week does your 1 to 5 year old child play outdoors or at a playscape?	Total
1 time a week	15
2 times a week	23
3 times a week	41
4 or more times a week	91
No response	76

7. Do you want information on the topics below?	No thanks	Maybe	Yes, Please	N/R
Stress management	55	49	126	16
Exercise during of after pregnancy	62	42	125	17
Stretching	60	56	110	20
Exercising more myself	45	53	128	20
Getting my children to exercise more	73	51	103	19
Back health	51	56	123	16

FY 2007 Nutrition Education and Breastfeeding Participation Survey for LA 022

ENGLISH

Ages to start different foods

SPANISH

3

talk with the mother the importance of good nutrition

FY 2007 Nutrition Education and Breastfeeding Participation Survey for LA 026

Total Responses: 278

1. Check one that describes you:	Yes	No	N/R
Pregnant	55	203	20
A parent/caretaker of a baby under 6 months	111	148	19
A parent/caretaker of a baby 6 months to 1 year	88	162	28
Breastfeeding (at least 1 time in 24 hours)	59	188	31
A parent/caretaker of a child over 1 year old	157	102	19
The dad, grandparent, caretaker of a child on WIC	61	180	37
The mom of a child on WIC	231	28	19
I am 18 years or younger	45	189	44

2. Check one topic you want for WIC classes or videos:	No Thanks	Maybe	Yes, Please	N/R
Reading food labels	75	68	110	25
Getting children to eat healthy foods	29	21	217	11
Quick healthy meals	26	33	206	13
Eating a healthy diet after pregnancy	51	32	174	21
Saving money at the grocery store	43	34	185	16

3. How do you like your WIC classes to be presented?	Do Not Like	Like a Little	Like a Lot	N/R
Video with discussion	32	81	148	17
Discussion only	86	96	56	40
Food demonstration/taste test	50	75	127	26
On the internet	98	53	82	45
Reading on my own	33	97	117	31
Learning activities	21	78	152	27

FY 2007 Nutrition Education and Breastfeeding Participation Survey for LA 026

4. What is the highest level of school you completed?	Total
6th grade or less	34
7th to 9th grade	51
10th to 12th grade	67
High School graduate	80
Some College / Current Student	35
College Graduate	8
No response	3

5. Which of these do you have at home?	Yes	No	N/R
Computer with internet access	88	170	20
A video game console (X-box, Playstation, Game Cube, Nintendo)	97	151	30
Cable TV	135	125	18

6. How many times a week does your 1 to 5 year old child play outdoors or at a playscape?	Total
1 time a week	18
2 times a week	37
3 times a week	56
4 or more times a week	87
No response	80

7. Do you want information on the topics below?	No thanks	Maybe	Yes, Please	N/R
Stress management	66	50	137	25
Exercise during of after pregnancy	64	28	163	23
Stretching	60	52	133	33
Exercising more myself	37	53	165	23
Getting my children to exercise more	53	50	153	22
Back health	50	49	158	21

FY 2007 Nutrition Education and Breastfeeding Participation Survey for LA 026

ENGLISH

What to do when toddler don't eat.

SPANISH

Como selecciona las comidas mas saludables

Como cuidar a nuestros hijos y como alimentarlos

Como sobre poner se despues del parto

Como euitar que los bebes, padescan aleglas

Economia, como elevar su autoestima y las consecuencias de una mala alimentacion

Saber que noles deve uno de dar aun bebe

FY 2007 Nutrition Education and Breastfeeding Participation Survey for LA 027

Total Responses: 72

1. Check one that describes you:	Yes	No	N/R
Pregnant	24	39	9
A parent/caretaker of a baby under 6 months	13	49	10
A parent/caretaker of a baby 6 months to 1 year	19	39	14
Breastfeeding (at least 1 time in 24 hours)	10	52	10
A parent/caretaker of a child over 1 year old	42	23	7
The dad, grandparent, caretaker of a child on WIC	7	52	13
The mom of a child on WIC	52	13	7
I am 18 years or younger	10	49	13

2. Check one topic you want for WIC classes or videos:	No Thanks	Maybe	Yes, Please	N/R
Reading food labels	25	27	16	4
Getting children to eat healthy foods	5	11	55	1
Quick healthy meals	2	5	64	1
Eating a healthy diet after pregnancy	17	14	38	3
Saving money at the grocery store	8	10	53	1

3. How do you like your WIC classes to be presented?	Do Not Like	Like a Little	Like a Lot	N/R
Video with discussion	4	32	36	0
Discussion only	16	42	12	2
Food demonstration/taste test	20	22	29	1
On the internet	34	16	20	2
Reading on my own	14	23	32	3
Learning activities	9	24	37	2

FY 2007 Nutrition Education and Breastfeeding Participation Survey for LA 027

4. What is the highest level of school you completed?	Total
6th grade or less	3
7th to 9th grade	7
10th to 12th grade	12
High School graduate	29
Some College / Current Student	18
College Graduate	3
No response	0

5. Which of these do you have at home?	Yes	No	N/R
Computer with internet access	28	41	3
A video game console (X-box, Playstation, Game Cube, Nintendo)	31	40	1
Cable TV	35	36	1

6. How many times a week does your 1 to 5 year old child play outdoors or at a playscape?	Total
1 time a week	4
2 times a week	12
3 times a week	8
4 or more times a week	29
No response	19

7. Do you want information on the topics below?	No thanks	Maybe	Yes, Please	N/R
Stress management	14	24	32	2
Exercise during of after pregnancy	18	10	43	1
Stretching	15	18	36	3
Exercising more myself	11	12	48	1
Getting my children to exercise more	15	20	36	1
Back health	14	20	37	1

FY 2007 Nutrition Education and Breastfeeding Participation Survey for LA 027

ENGLISH

when to do semi solid and solid foods

SPANISH

como saber cuantos calorías debemos consumir al día

FY 2007 Nutrition Education and Breastfeeding Participation Survey for LA 028

Total Responses: **73**

1. Check one that describes you:	Yes	No	N/R
Pregnant	20	45	8
A parent/caretaker of a baby under 6 months	37	32	4
A parent/caretaker of a baby 6 months to 1 year	19	46	8
Breastfeeding (at least 1 time in 24 hours)	20	48	5
A parent/caretaker of a child over 1 year old	45	22	6
The dad, grandparent, caretaker of a child on WIC	9	51	13
The mom of a child on WIC	59	11	3
I am 18 years or younger	20	41	12

2. Check one topic you want for WIC classes or videos:	No Thanks	Maybe	Yes, Please	N/R
Reading food labels	14	19	37	3
Getting children to eat healthy foods	4	4	65	0
Quick healthy meals	4	3	65	1
Eating a healthy diet after pregnancy	7	6	57	3
Saving money at the grocery store	8	15	50	0

3. How do you like your WIC classes to be presented?	Do Not Like	Like a Little	Like a Lot	N/R
Video with discussion	3	22	45	3
Discussion only	20	30	13	10
Food demonstration/taste test	4	18	43	8
On the internet	25	18	20	10
Reading on my own	20	16	25	12
Learning activities	7	18	40	8

FY 2007 Nutrition Education and Breastfeeding Participation Survey for LA 028

4. What is the highest level of school you completed?	Total
6th grade or less	7
7th to 9th grade	16
10th to 12th grade	26
High School graduate	9
Some College / Current Student	13
College Graduate	1
No response	1

5. Which of these do you have at home?	Yes	No	N/R
Computer with internet access	14	52	7
A video game console (X-box, Playstation, Game Cube, Nintendo)	24	41	8
Cable TV	27	39	7

6. How many times a week does your 1 to 5 year old child play outdoors or at a playscape?	Total
1 time a week	3
2 times a week	11
3 times a week	16
4 or more times a week	17
No response	26

7. Do you want information on the topics below?	No thanks	Maybe	Yes, Please	N/R
Stress management	5	9	56	3
Exercise during of after pregnancy	9	7	51	6
Stretching	10	8	48	7
Exercising more myself	7	6	54	6
Getting my children to exercise more	7	12	49	5
Back health	4	13	52	4

FY 2007 Nutrition Education and Breastfeeding Participation Survey for LA 028

ENGLISH

childcare options, how to choose a baby sitter. Etc...

sample menus for specific ages with common kept foods easy to prepare and inexpensive

SPANISH

como amamantarlos

como dar pecho, cuando y como dejar de darlo.

FY 2007 Nutrition Education and Breastfeeding Participation Survey for LA 029

Total Responses: 84

1. Check one that describes you:	Yes	No	N/R
Pregnant	19	42	23
A parent/caretaker of a baby under 6 months	31	32	21
A parent/caretaker of a baby 6 months to 1 year	26	30	28
Breastfeeding (at least 1 time in 24 hours)	32	36	16
A parent/caretaker of a child over 1 year old	42	17	25
The dad, grandparent, caretaker of a child on WIC	6	47	31
The mom of a child on WIC	61	9	14
I am 18 years or younger	15	45	24

2. Check one topic you want for WIC classes or videos:	No Thanks	Maybe	Yes, Please	N/R
Reading food labels	18	28	33	5
Getting children to eat healthy foods	4	17	60	3
Quick healthy meals	2	15	61	6
Eating a healthy diet after pregnancy	10	21	49	4
Saving money at the grocery store	5	14	61	4

3. How do you like your WIC classes to be presented?	Do Not Like	Like a Little	Like a Lot	N/R
Video with discussion	2	29	48	5
Discussion only	7	28	38	11
Food demonstration/taste test	8	24	46	6
On the internet	24	11	38	11
Reading on my own	6	30	39	9
Learning activities	3	28	47	6

FY 2007 Nutrition Education and Breastfeeding Participation Survey for LA 029

4. What is the highest level of school you completed?	Total
6th grade or less	10
7th to 9th grade	9
10th to 12th grade	16
High School graduate	24
Some College / Current Student	16
College Graduate	4
No response	5

5. Which of these do you have at home?	Yes	No	N/R
Computer with internet access	34	47	3
A video game console (X-box, Playstation, Game Cube, Nintendo)	29	50	5
Cable TV	39	37	8

6. How many times a week does your 1 to 5 year old child play outdoors or at a playscape?	Total
1 time a week	8
2 times a week	12
3 times a week	22
4 or more times a week	21
No response	21

7. Do you want information on the topics below?	No thanks	Maybe	Yes, Please	N/R
Stress management	11	28	36	9
Exercise during of after pregnancy	12	13	50	9
Stretching	7	21	46	10
Exercising more myself	4	17	55	8
Getting my children to exercise more	8	16	51	9
Back health	6	21	47	10

FY 2007 Nutrition Education and Breastfeeding Participation Survey for LA 029

ENGLISH

Please bring back honey bunches of oats

Diet for mother how to lose weight

SPANISH

E. Tip para la educacion y entendimiento de tus hijos edad entre 5 y 10 anos